

Lesson #9: Spontaneous Prayer

This is the type of prayer more people are used too. They pray suddenly in times of crisis. Others pray in thanksgiving when God has given them a sudden blessing. Even still, spontaneous prayer should be your first response when:

Newness: When you start something new. Wake up in the morning and thank Jesus for waking you up from sleep. When you start out on a travel, buy a car, buy a house, move, get a new job, always thank God and ask Him to show you the way.

Needs: When you have a sudden crisis or need, ask God for help.

Blessings: Thank God immediately. "Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ." Ephesians 5:20.

Burdens: Long term health issues, broken families. "Carry each other's burdens, and in this way you will fulfill the law of Christ." Galatians 6:2.

Worries: Panic, fear, anxiety. All things we face on a daily basis. Your boss calls you into their office and looks very unhappy. It's a natural first reaction to be apprehensive. Say a prayer to God to watch over and protect you as you go in.

Sin: Immediately upon committing a sin, ask for forgiveness.

Pray for anything and everything. I pray every time I pass an accident scene on the road. I pray for all of the first responders who are working the scene. EMS, Fire, and LEOs see things every day that we don't see and are exposed to hazards we are not. This is just one example of the types of spontaneous prayer that you can say.

Sample Prayer:

Father, I ask You to help me make prayer my first thought and action in every situation. Instead of complaining about my situations, or taking credit when things go well, teach me to come to You before going anywhere else. What a comfort it is to me to know that wherever I go, You have gone there before me. That You are always there ready to hear me and help me. Amen.